Mirror
WELCOME
Poll
Breathe
OUR MISSION

Upstream Arts uses the power of the creative arts to activate and amplify the voice and choice of individuals with disabilities.
CREATIVITY

- the ability to transcend traditional ideas, rules, patterns, relationships, or the like, and to create meaningful new ideas, forms, methods, interpretations
OUR APPROACH:

Theatre, Dance, Music, Poetry, Visual Arts

Social & Communication Skills
Hi my name is....
And one choice I made today was...
OUR APPROACH

- Residencies
- Events & Performances
- Professional Development
Assume Ability.
Access is an Attitude.
Apparent disabilities

Hidden Disabilities

Learning Disabilities
Attention Deficit Disorder (ADD/ADHD)
Autism Spectrum Disorder
Traumatic Brain Injury (TBI)
Post Traumatic Stress Disorder (PTSD)
Mental Illness

Mobility Impairments
Visual Impairments/Blindness
Hearing Impairments/Deafness

2/3 +
An ADA Access Plan is about compliance. It is needed, and necessary.

A Culture of Access gives purpose, meaning and vision to your plan.
A person with a disability is a person first
What do you need to feel comfortable in a space?
<table>
<thead>
<tr>
<th>SENSORY</th>
<th>MOVEMENT</th>
<th>IDENTITY &amp; INTERSECTIONALITY</th>
<th>LANGUAGE</th>
<th>EXPERIENCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lighting, Noise,</td>
<td>Ramps, elevators, aisles,</td>
<td>Racial diversity, equity,</td>
<td>ASL, Audio</td>
<td>Intentional invitations,</td>
</tr>
<tr>
<td>Space layout,</td>
<td>accessible seating, parking</td>
<td>gender, ability, disability</td>
<td>description,</td>
<td>practice, creativity</td>
</tr>
<tr>
<td>visual landscape</td>
<td></td>
<td></td>
<td>visual signage</td>
<td></td>
</tr>
</tbody>
</table>

**Upstream Arts**

www.upstreamarts.org • info@upstreamarts.org • 612.331.4584
BE AWARE OF THE IMPACT THE ENVIRONMENT CAN HAVE ON A PERSON'S EXPERIENCE.

i.e. space, noise level, lighting
<table>
<thead>
<tr>
<th>SENSORY</th>
<th>MOVEMENT</th>
<th>IDENTITY &amp; INTERSECTIONALITY</th>
<th>LANGUAGE</th>
<th>EXPERIENCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lighting, Noise, Space layout, visual landscape</td>
<td>Ramps, elevators, aisles, accessible seating, parking</td>
<td>Racial diversity, equity, gender, ability, disability</td>
<td>ASL, Audio description, visual signage</td>
<td>Intentional invitations, practice, creativity</td>
</tr>
</tbody>
</table>
What are all the ways people move in and out of your spaces?
A person’s wheelchair/walker/cane are an extension of that person; before you touch, lean on or push, ask permission.
Do people make assumptions about you?

What do you have in place that allows for people to ask for what they need?
<table>
<thead>
<tr>
<th>SENSORY</th>
<th>MOVEMENT</th>
<th>IDENTITY &amp; INTERSECTIONALITY</th>
<th>LANGUAGE</th>
<th>EXPERIENCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lighting, Noise,</td>
<td>Ramps, elevators,</td>
<td>Racial diversity,</td>
<td>ASL, Audio</td>
<td>Intentional invitations,</td>
</tr>
<tr>
<td>Space layout,</td>
<td>aisles, accessible</td>
<td>equity, gender, ability,</td>
<td>description,</td>
<td>practice, creativity</td>
</tr>
<tr>
<td>visual landscape</td>
<td>seating, parking</td>
<td>disability</td>
<td>visual signage</td>
<td></td>
</tr>
</tbody>
</table>

UPSTREAM ARTS

www.upstreamarts.org • info@upstreamarts.org • 612.331.4584
What are all the different ways people communicate within your community?
Don't assume when someone is non verbal that they do not understand.
Remember: there are different forms of communication, and different ways people take in information.
Provide information in visual, spoken and written formats
SENSORY
Lighting, Noise, Space layout, visual landscape

MOVEMENT
Ramps, elevators, aisles, accessible seating, parking

IDENTITY & INTERSECTIONALITY
Racial diversity, equity, gender, ability, disability

LANGUAGE
ASL, Audio description, visual signage

EXPERIENCE
Intentional invitations, practice, creativity
<table>
<thead>
<tr>
<th>SENSORY</th>
<th>MOVEMENT</th>
<th>IDENTITY &amp; INTERSECTIONALITY</th>
<th>LANGUAGE</th>
<th>EXPERIENCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lighting, Noise,</td>
<td>Ramps, elevators,</td>
<td>Racial diversity, equity,</td>
<td>ASL, Audio description,</td>
<td>Intentional invitations, practice, creativity</td>
</tr>
<tr>
<td>Space layout,</td>
<td>aisles, accessible</td>
<td>gender, ability, disability</td>
<td>visual description, visual</td>
<td></td>
</tr>
<tr>
<td>visual landscape</td>
<td>seating, parking</td>
<td>signage</td>
<td>signage</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
What else do you need to do this work?
How will you S.M.I.L.E.?
OUR BIG IDEA

The continued segregation between people with and without disabilities deprives us all of opportunities for meaningful interaction.

THE PROBLEM:
OURS BIG IDEA

WHAT HAPPENS:
We feel discomfort around one another and lack the social skills needed to be in community.
OUR BIG IDEA

When we have opportunities for intentional, shared creative arts experiences, we can learn how to interact, undermine social stigma, and change mindsets about ability and disability so we can move toward authentic inclusion.