



UPSTREAM ARTS

THE ART OF ACCESS

September 24, 2020

The image features a stylized, hand-drawn globe on the left side, composed of numerous overlapping, scribbled lines in a light orange-brown hue. The globe is positioned over a background that depicts a sunset or sunrise over a body of water. The sky is a solid, dark orange-brown color, while the water below is rendered with darker, textured brushstrokes in shades of brown and black. The word "Mirror" is written in a clean, white, sans-serif font, centered horizontally across the middle of the image. The overall aesthetic is artistic and evocative, suggesting themes of reflection and global interconnectedness.

Mirror

WELCOME



UPSTREAM
ARTS

Poll





Breathe



OUR MISSION

Upstream Arts uses the power of the creative arts to activate and amplify the voice and choice of individuals with disabilities.







CREATIVITY

- the ability to transcend traditional ideas, rules, patterns, relationships, or the like, and to create meaningful new ideas, forms, methods, interpretations

OUR APPROACH:

Theatre, Dance, Music,
Poetry, Visual Arts

Social & Communication Skills





Hi my name is....

And one choice I made
today was...

OUR APPROACH

- Residencies
- Events & Performances
- Professional Development



Assume Ability.



Access is an Attitude.









Arthur Erickson, Architect
Vancouver, B.C. Canada

An iceberg floating in the ocean. The tip of the iceberg is above the water line, representing 'Apparent disabilities'. The much larger part of the iceberg is submerged below the water line, representing 'Hidden Disabilities'. The background is a blue sky and dark blue water.

Apparent disabilities

Mobility Impairments

Visual Impairments/Blindness

Hearing Impairments/Deafness

Hidden Disabilities

Learning Disabilities

Attention Deficit Disorder (ADD/ADHD)

Autism Spectrum Disorder

Traumatic Brain Injury (TBI)

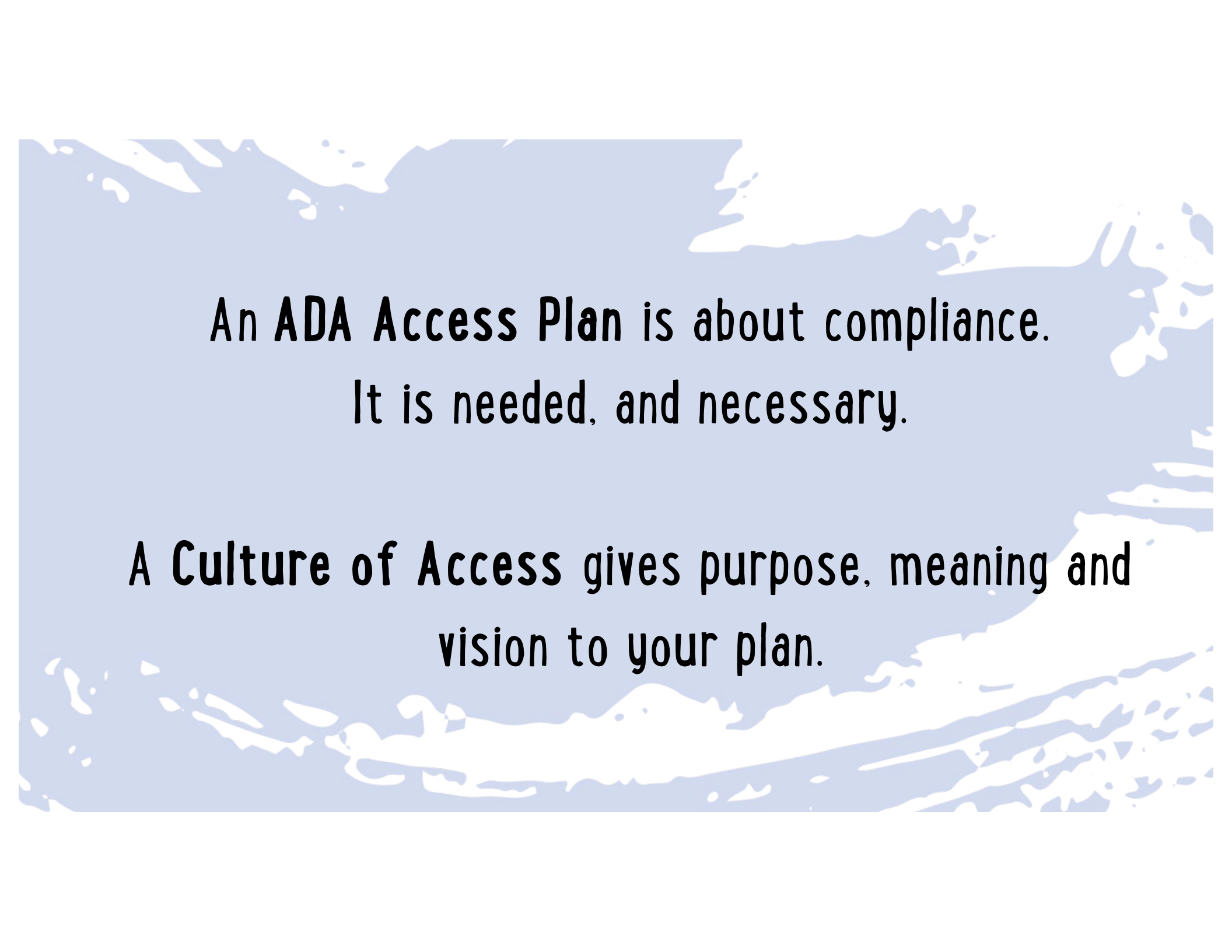
Post Traumatic Stress Disorder (PTSD)

Mental Illness

$\frac{2}{3}$

+





**An ADA Access Plan is about compliance.
It is needed, and necessary.**

**A Culture of Access gives purpose, meaning and
vision to your plan.**

A person with a
disability is a
person first



What do you need to
feel comfortable in a space?





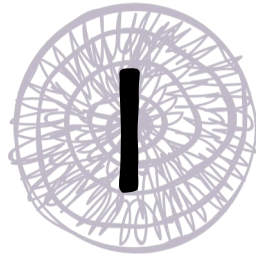
SENSORY

Lighting, Noise,
Space layout,
visual landscape



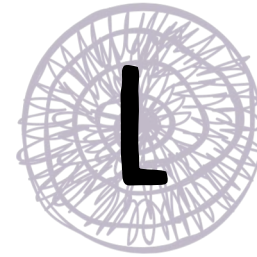
MOVEMENT

Ramps,
elevators, aisles,
accessible
seating, parking



**IDENTITY &
INTERSECTIONALITY**

Racial diversity,
equity, gender,
ability, disability



LANGUAGE

ASL, Audio
description,
visual signage



EXPERIENCE

Intentional invitations,
practice, creativity



**UPSTREAM
ARTS**

www.upstreamarts.org

• info@upstreamarts.org

• 612.331.4584

BE AWARE OF THE IMPACT THE ENVIRONMENT CAN HAVE ON A PERSON'S EXPERIENCE.

i.e. space, noise level, lighting







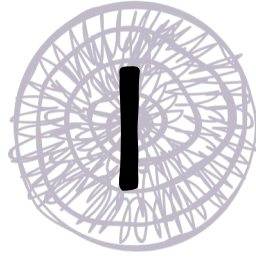
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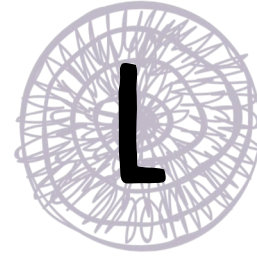
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What are all the ways people
move in, and out of your spaces?

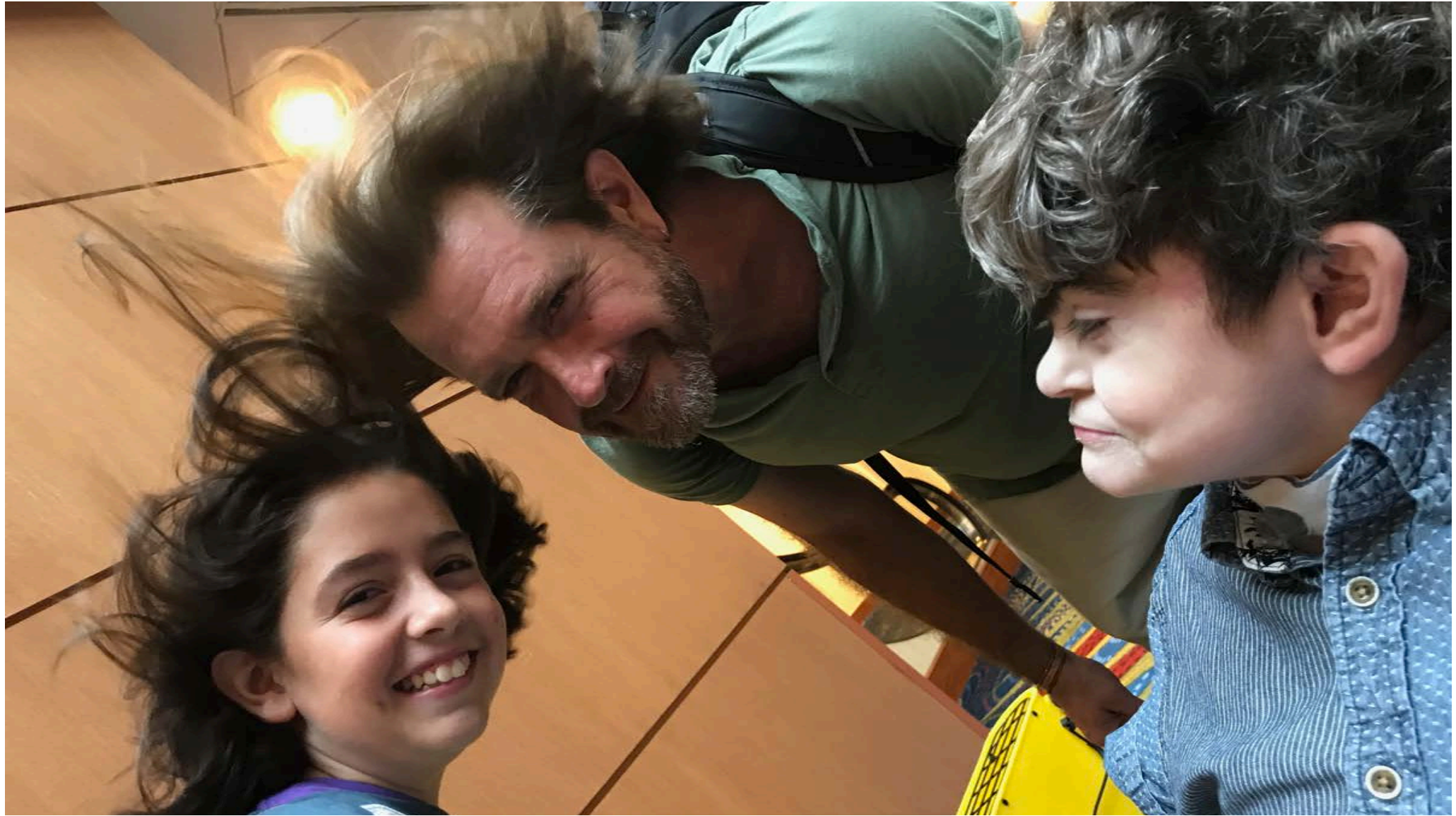


A person's wheelchair/walker/cane
are an extension of that person;
before you touch, lean on or
push, ask permission.





POETRY



Do people make assumptions about you?

What do you have in place that allows
for people to ask for what they need?





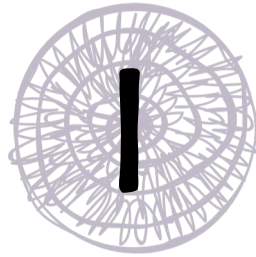
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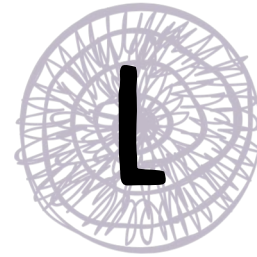
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What are all the different ways people communicate within your community?



Don't assume when someone is
non verbal that
they do not understand.



Remember: there are different forms of communication, and different ways people take in information.



Provide information in visual, spoken
and written formats





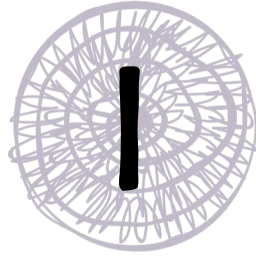
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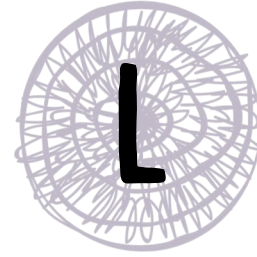
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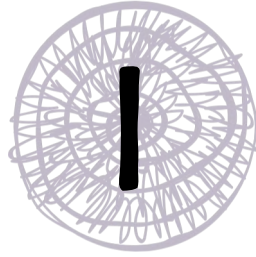
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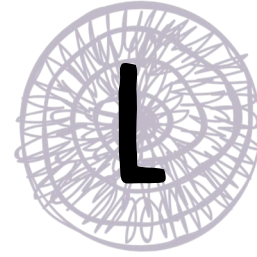
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What else do you need to
do this work?



How will you S.M.I.L.E.?









UPSTREAM ARTS

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OUR BIG IDEA

THE PROBLEM:

The continued segregation between people with and without disabilities deprives us all of opportunities for meaningful interaction.



OUR BIG IDEA

WHAT HAPPENS:

We feel discomfort around one another
and lack the social skills needed to be in community.



OUR BIG IDEA

OUR SOLUTION:

When we have opportunities for intentional, shared creative arts experiences, we can learn how to interact, undermine social stigma, and change mindsets about ability and disability so we can move toward authentic inclusion.